



Prestatyn Town Council

Health and Well Being Policy

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Introduction

Prestatyn Town Council Well-being statement.

Prestatyn Town Council members and staff recognise that well-being is about being healthy and happy in all areas of our lives, including physical and mental health, good relationships and being part of resilient communities.

Supporting the [Well-Being of future Generations \(Wales\) Act 2015](#) Prestatyn Town Council has been proactive in providing several projects to complement and enhance the delivery of the strategy.

This includes striving to ensure that the needs of the present are met without compromising the ability of future generations to meet their own needs and taking what action we consider reasonable towards our local Public Service Board's priority areas.

Prestatyn Town Council's Annual Report will provide information about the actions taken by the Council during the year, which contribute to the wellbeing of our local community.

Prestatyn Town Council's Town Plan sets out what the council intend to do during the year to assist towards meeting the following objectives.

Key Objectives

We agreed to focus on the following priority areas:

- People are educated and skilled
- People are safe and feel safe
- People have good quality homes they can afford
- People are healthy and active, with good mental wellbeing for all ages
- People live in a town which has a prosperous economy
- People value and look after the environment and support community resilience
- People live in a town where heritage, culture and the Welsh language thrive
- People are informed, included, listened to, and can add to their community, thus supporting Community Empowerment

These reflect the priorities of Prestatyn Town Council and incorporate the key objectives of the [Conwy and Denbighshire Public Service Board](#), as detailed in the [Local Area Well-being Plan](#).

Appendix 1 – Further Points of Reference

[Well-Being of future Generations \(Wales\) Act 2015](#)

[Conwy and Denbighshire Public Services Board](#)

[Local Area Well-being Plan](#)